

***Chippewa Falls
Senior High School
Activities***



Home of the Cardinals!

Welcome to the
Chippewa Falls Senior High School Activities
The purpose of this handbook is to provide information that will
assist you with your transition to Chi-Hi Activities.

Research tells us the primary reason students participate in extra-curricular and co-curricular programs is because they want to have fun with their friends. At Chi-Hi we subscribe to that philosophy wholeheartedly, but extra-curricular and co-curricular activities are more than just fun and games.

Chi-Hi programs provide opportunities for students to learn an alternative curriculum. This curriculum teaches students skills such as perseverance, dedication, hard work, determination and sportsmanship (among others) -- All while experiencing the thrill of success, the disappointment and corresponding effort required after a loss (or disappointing performance), and the joy of being part of something larger than themselves.

The best part about this alternative curriculum is that we learn it while we are having fun with our friends.

Welcome to Chi-Hi and all that we have to offer!

*Michael J. Thompson
Athletic/Activities*

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One of the most important indicators of student success is the formation of meaningful connections. Few things do this better than participating in athletics and activities. Being a Cardinal comes to life when you are wearing the uniform or representing the school and community throughout the State and Country.

In addition to the lifelong memories and lasting friendships that are created, students involved in athletics and activities learn how to work together for a common purpose, to push themselves harder than they ever thought possible while at the same time having fun. These are all qualities and characteristics that will serve our students well as they move beyond high school.

Do not be afraid to try something new. There is something for everyone! In the hallway just outside of the gymnasium there is lettering that reads, "It Is Great To Be A Cardinal", I don't think it can be said any better than that – get out there, get involved, work hard and have some fun. Go Cardinals!!

*Becky Davis
Principal*

CHIPPEWA FALLS SENIOR HIGH SCHOOL ACTIVITIES

Academic/Honors

Academic Decathlon
Apollo Club
Art Club
Athena Club
Chemistry Club
Computer Club
National Honor Society
Science Olympiad

Athletics

Baseball
Basketball (M/W)
Cheerleading
Cross Country (M&W)
Dance Team
Figure Skating
Football
Golf (M&W)
Gymnastics
Hockey (M&W)
Soccer (M&W)
Softball
Swimming (M&W)
Tennis (M&W)
Track (M&W)
Volleyball
Wrestling
Equestrian
Figure Skating

Foreign Language

French Club
Spanish Club

Music

Instrumental

- Band
- Color Guard
- Concert Band
- Jazz Band
- Marching Band
- Musical Show
- Orchestra
- Pep Band

Vocal

- Concert Choir
- Harmonics
- Madrigals
- Men's Choir
- Musical Show

Publications

Chi-Hi Happenings (TV Production)
Commentator (Newspaper)
Monocle (Yearbook)

Service Clubs

S.E.R.T
Student Council

Speech

Children's Show
Forensics
Thespians
Three-Act Play

Vocational Clubs

DECA – Distributive Education
Clubs of America
FCCLA – Family, Career,
Community Leaders of America
FFA – Future Farmers of America
HOSA – Health Occupations of
America

Class Related Clubs

These clubs and activities are directly related to and evolve from the program of studies and the future vocational interests of students. These clubs also provide a basis for the in-depth study of a subject or occupation.

CHIPPEWA FALLS SENIOR HIGH SCHOOL ACTIVITIES

Listed below are descriptions of some of the activities at Chi-Hi:

ACADEMIC/HONORS CLUBS

APOLLO/ATHENA

Apollo is a service fraternity whose members are junior and senior male students. Athena Club is the sister sorority to Apollo. Both clubs focus on academic excellence, community service and fellowship. Students are invited to join Apollo and Athena, based on a minimum grade point average of 3.4 or higher. During the school year, members are required to participate in a minimum of one service/volunteer project in the schools or community.

SCIENCE OLYMPIAD

Science Olympiad students compete in over 20 events covering all areas of science and engineering design. Science Olympiad is the largest academic related competition in the nation, involving over 12,000 teams from schools across the country. Students compete for individual medals as well as team awards and a chance to continue on to national championships.

Also: Academic Decathlon, Art Club, Chemistry Club, Computer Club, National Honor Society and various Lunch & Learn Clubs during the lunch period

COMPETITIVE ATHLETICS

Fall

Cheerleading
Cross Country (M/W)
Football
Soccer (M)
Swimming (W)
Tennis (W)
Volleyball
Equestrian

Winter

Basketball (M/W)
Cheerleading
Gymnastics
Hockey (M/W)
Swimming (M)
Wrestling
Figure Skating

Spring

Baseball
Golf
Soccer (W)
Softball
Tennis (M)
Track&Field(M/W)

FOREIGN LANGUAGE CLUBS

SPANISH CLUB

Spanish Club is open to any student who is in a Spanish class – levels I-IV. During the school year, we have several breakfast meetings. We also meet at the area Mexican restaurants for evening meals. In the spring, we take a trip to the Twin Cities to any number of events related to the Hispanic culture, such as the Art Institute or the Festival of Nations.

Also: French Club

MUSIC (Instrumental)

COLOR GUARD

Color Guard is a section of the Marching Cardinals Band that utilizes flags, rifles, sabers and dance. Membership is open to anyone interested, with training and auditions in the spring of the previous year. There are some rehearsals during the summer months, and 1—2 after school rehearsals per week during the fall marching season. Actual performance season is August through October.

Also: Band, Jazz Band, Concert Band, Musical, Orchestra, Pep Band

MUSIC (Vocal)

VOCAL JAZZ

Vocal Jazz is an auditioned group of approximately 10 singers. They rehearse 2nd semester Tuesday/Friday mornings at 7:30 and give several performances in the spring. The music learned is all contemporary music in the jazz style including blues, jazz, various rock styles, musicals and ballads.

MADRIGALS

Madrigals are an auditioned group of approximately 16 singers. They rehearse October-December on Tuesday/Friday mornings at 7:30 and perform primarily for the holiday and Christmas season. They do 10-15 public and private community and school performances. The music learned is holiday music and madrigal music from the Renaissance.

HARMONICS SHOW CHOIR

Membership in Harmonics is based on an audition process in the spring of the previous year. Music of various popular styles from this century; such as pop, rock, jazz, Broadway, etc. will be explored and learned in the large group as well as in small ensembles and solos. Movement through dance will be explored under the guidance of a professional choreographer. Students perform in Super Show, holiday performances, winter/spring competitions, elementary tour, school concerts, and various community service projects. Members are responsible for costuming fee.

Also: Concert Choir, Men's Choir, Musical Show

PUBLICATIONS

COMMENTATOR (School Newspaper)

Commentator is considered both a class and a co-curricular activity at the high school level; students who enroll in Commentator receive elective and English credit. Members are responsible for the student newspaper, and the group handles all aspects of newspaper publication. Student's report, write, design and layout pages, take pictures and sell advertising. Students also discuss issues that impact students and are encouraged to submit their opinions and demonstrate their creativity in the newspaper. Students who are interested in current events, writing, graphic design, and providing a voice to fellow students are encouraged to register for this course.

Also: Chi-Hi Happenings (TV Productions), Yearbook

SERVICE

STUDENT EMERGENCY RESPONSE TEAM (S.E.R.T.)

S.E.R.T. offers our students an opportunity to be certified in First Aid and to be trained as First Responders. This training will enable them to be more active in the school and community medical rescue environment. Students wishing to become members should contact the School Nurse. Members will be recruited based on their leadership abilities and interest in related fields.

STUDENT COUNCIL

The primary concern of the student council is to promote school spirit throughout the entire school. Different activities during the school year are planned, in order to achieve this goal. The one major activity student council is involved in every year is to assist with homecoming and the different activities involving students, staff, and the community.

SPEECH/THEATRE

CHILDREN'S SHOW

A Children's Show is presented in the spring of the year (usually in April). The show is produced in conjunction with Chi-Hi's Thespians as well as the theatre class offered second semester. Auditions are open to all academically eligible Chi-Hi students, grades 9-12. Participation in the children's production whether as an actor or crew member, is a great way for aspiring Thespians to get their feet wet in the world of theatre.

THESPIAN DRAMA CLUB

The Thespian Drama Club is a chapter member of International Thespians, a worldwide organization of high school students interested in, and involved with theatre. Our organization is made up of students who want to get involved in the production of plays and who want to take part in theatrical experiences. Each year, we put on two performances: a three-act play in the fall, and a spring Children's Show. We also attend plays put on by local, regional, and off-Broadway companies. Past year's events have included sponsorship of the Battle of the Bands, and trips to New York's Broadway theater district.

Also: Forensics, Mock Trial, Three-Act Play

VOCATIONAL CLUBS

FCCLA (Family, Career, Community Leaders of America)

FCCLA provides personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through: character development, creative and critical thinking, interpersonal communication, practical knowledge, and vocational preparation.

FFA (Future Farmers of America)

FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education. Activities include Food for America, Leadership Workshops, World Dairy Expo, Bloodmobile, National FFA Auction, the Annual Alumni FFA Auction, the Agricultural Technology Contest, FFA banquet, and State and National Conventions.

*Also: DECA (Distributive Education Clubs of America),
HOSA (Health Occupation Students of America)*

ADVISORS

AMERICAN CLUB.....	Mr. Todd Kornack
APOLLO.....	Mr. Vic Cable
ART CLUB.....	Ms. Jennifer Handrick
ATHENA	Ms. Kris Kolinski
ACTIVITIES DIRECTOR.....	Mr. Mike Thompson
ATHLETICS	
• Baseball.....	Mr. Mitch Steinmetz
• Basketball (M).....	Mr. Matt Bessen
• Basketball (F).....	Ms. Becca Bestul
• Cheerleading.....	Ms. Kelly Jaquish
• Cross Country (M/W).....	Ms. Karen Swanson
• Dance Team.....	Ms. Monica Palecek&Ms. Kayty Brick
• Equestrian Team	Ms. Cara Schueller
• Figure Skating	Ms. Heidi Strosahl/Jodi Ash
• Football	Mr. Chuck Raykovich
• Golf (M/W).....	Mr. Rick Silloway
• Gymnastics	Ms. Karlee Terry
• Hockey (M).....	Mr. Scott Parker
• Hockey (F).....	Mr. Tony Menard
• Soccer (M).....	Mr. Justin Engum
• Soccer (F).....	Mr. Justin Engum
• Softball	Mr. Jared Faherty
• Swimming (M).....	Mr. Nick Hora
• Swimming (F).....	Ms. Tina Parker
• Tennis (W).....	Ms. Stephanie Linzmeier
• Tennis (M).....	Mr. Brian Flynn
• Track & Field (M/W).....	Ms. Becky Nette
• Volleyball	Ms. Tami Slowiak
• Wrestling	Mr. Tom Pomietlo
CHEMISTRY CLUB	TBD
CHI-HI HAPPENINGS	Ms. Monika LaPoint
	Mr. Brian Hefty
CHILDREN'S SHOW	Mr. Josh Barnard
COMMENTATOR.....	Ms. Monika LaPoint
DECA	Ms. Heidi Warren
FCCLA	TBD
FFA.....	Ms. Jeanna Burgan
FOREIGN LANGUAGE	
• French Club.....	Ms. Michele Nuttelman
• Spanish Club ..	Ms. Kris Kolinski & Ms. Angela Oplinger
FORENSICS	Ms. Karen Drydyk
FRESHMAN CLASS ADVISOR	Ms. Jennifer Handrick
GSA	TBD

STUDENT EXPECTATIONS

An excerpt from the CFAUSD Student Activities Code

The Competitive Activities Code was developed by representatives of the school board, community, students, parents, activity directors, coaches/advisors, and administrators. The intent of the Competitive Activities Code is to provide coaches, advisors, students, and parents/guardians a reference to their responsibilities and/or expectations for participation in the Chippewa Falls Senior High School competitive co-curricular programs. The school, along with parents and the community, will share responsibility for advancing the co-curricular philosophy during the year.

Students may take part in more than one non-athletic activity simultaneously, but are allowed to participate in only one athletic activity per season.

We are committed to excellence in all programs involving the Chippewa Falls Senior High School. We welcome you to the Competitive Activities co-curricular program. Best wishes for continued success.

The Chippewa Falls Board of Education



The Competitive Activities co-curricular program is a privilege that complements the academic program. Participation in activities is an enjoyable experience, which contributes to physical, social, mental and emotional development. Chippewa Falls Senior High School is involved in a Competitive Activities program and wishes to promote a positive value system for the participants, student body, and community.

Competitive Activities Covered by Activities Code:

Baseball	Hockey (M/W)
Basketball (M/W)	Marching Band
Cheerleading	Soccer (M/W)
Cross Country	Softball
Football	Swimming (M/W)
Forensics	Tennis (M/W)
Golf (M/W)	Track (M/W)
Gymnastics	Volleyball
Harmonics	Wrestling
Dance	Equestrian Team (M/W)
	Figure Skating

A complete copy of the Chippewa Falls Senior High School Student Competitive Activity Code is available in the High School Main Office as well as on the Athletic website. All students must attend an Activity Code Meeting before they will gain eligibility to participate in any of the activities listed above.

GAINING ELIGIBILITY

These items must be completed ONCE WHEN ENROLLED at Chi-Hi:

Attend an Activity Code Meeting with a Parent

All competitive activity students must attend an Activity Code Meeting with a parent/legal guardian prior to the first time a student is involved in any competitive activity at Chi-Hi.

SIGN A RED ACTIVITY CODE FORM *(at the Activity Code Meeting)*

All competitive activity students must have a signed Activity Code Form on file in the office. This code must be signed by the student and a parent/legal guardian prior to any practice or participation in the student's first competitive activity at Chi-Hi. This signed Activity Code Form is then binding until the student graduates from Chi-Hi.

These items must be completed EACH SCHOOL YEAR:

GET A PHYSICAL EXAMINATION *(or Alternate Year Card)*

All athletes must have a current WIAA physical card with parent/legal guardian and doctor signature on file in Activities Office prior to any practice or participation. Physical examinations taken after April 1 are good for the remainder of that year plus two more years with a WIAA alternate card being required the final two years (every other year: physical one year, alternate card the next year.) Make a copy of your physical card for your records before turning it in.

COMPLETE AN EMERGENCY FORM *(only if there are changes)*

All competitive activities (i.e. sports) students must have a current emergency form on file in the office prior to the first official day of practice or participation. These forms can be found in the Main Office, on the Chi-Hi Athletic Website or at the coaches pre-season team meetings.

These items must be completed EACH SEASON:

SIGN A BLUE WAIVER FORM *(at the coaches pre-season meeting)*

Students and parents must sign this form that includes information about assumption of risk, informed medical consent, travel waiver, acknowledgement of Code of Conduct regulations, and equipment usage.

PAY YOUR ACTIVITY FEE

Athletes must pay an activity fee of \$20 per activity with a cap of \$40 per student per year or \$100 per family per year.

CONCUSSION FORM

Competitive Activity Code Meetings

Any student who has not attended a sport/competitive Activity Code Meeting at Chi-Hi, does not have an activity code sheet on file in the Activities Office, and is interested in going out for sport/competitive activity must attend this meeting with a parent.

You should make every attempt to attend the Activity Code Meeting. First time competitive activity students who miss an Activity Code Meeting must view the online podcast on the Athletic website with a parent/guardian and must contact the head coach before the student can try-out or practice.

Competitive Activity Code Meeting dates are set a year in advance. The dates will be published in the high school newsletter, "The Cardinal Letter", the Middle School Newsletter and on the Athletic Website.

Individual Sport Meetings

The High School will hold Competitive Activity Code and Individual Sport Meetings at various times throughout the year. Coaches will cover topics such as practice schedules, try-out criteria, rules, expectations, and any other pertinent information. Coaches will also communicate any competitive code changes during this meeting. These meetings will take place at Chippewa Falls Senior High School.

A schedule of dates and times for future Competitive Activity Codes and Individual Sport Meetings will be posted on the High School Athletics/Activities website:

<http://athletics.chipfalls.k12.wi.us/default.aspx>

HOW DO I...?

- **Participate in Band, Choir, or Orchestra?**

The activities associated with the music department are linked to an academic class. If you have questions about Band, Choir or Orchestra you should contact your counselor to schedule the appropriate class.

- **Join a Club?**

When school starts pay close attention to the daily announcements, school newsletter and postings around school. They will have information about various club meeting times and places. You can also contact the advisor listed in this manual directly.

- **Become a Member of the Cardinal Marching Band, or Harmonics?**

Marching Band and Harmonics are unique in the music department because they are activities associated with the Competitive Activity Code. To participate you need to 1) attend an Activity Code Meeting where you will sign the activities code and be bound to the code for the duration of your high school career 2) attend a band meeting before season starts and 3) pay your activity fees in the High School Office.

- **Become Eligible to Play a Sport?**

There are items that you will need to take care of before you can participate on any team. Please refer to pages 13 and 14 in this booklet for detailed information.



CONTACT INFORMATION

The following website is the official website of the Chippewa Falls High School Activities:

<http://athletics.chipfalls.k12.wi.us/default.aspx>

This website provides important information and updates on the following:

- Athletic Schedules
- Travel Schedules
- Coaches
- Facilities and Directions
- Conference Schedules
- Team website links
- Updates and Announcements

Join us on Facebook:

Join us on Twitter:

Feel free to contact us if you have questions.

Join us on Facebook – Chi-Hi Athletics & Activities

Mike Thompson – Director of Athletics & Activities

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Shelly Beranek – Activities Secretary

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Competitive Activity Code Meetings

2017-18

Fall: *Monday, July 31st, 2017 @ 6:30 p.m. (HS Auditorium)*

Individual Team Meetings ~ 7:15 p.m. (various HS rooms)

Activity Fees Can Be Paid in Main Office: 6:00-8:30 p.m.

Marching Band

Cross Country

Volleyball

Women's Tennis

Equestrian Team

Football

Women's Swimming

Men's Soccer

Cheerleading (Football)

Women's Golf

Winter: *Monday, October 20th, 2017 @ 6:30 p.m (Auditorium)*

Individual Team Meetings ~ 7:15 p.m. (various HS rooms)

Activity Fees Can Be Paid in Main Office: 6:15-8:15 p.m.

Women's Basketball

Harmonics (Show Choir)

Cheerleading

Men's Swimming

Men's Basketball

Gymnastics

Forensics

Women's Hockey

Wrestling

Men's Hockey

Dance

Figure Skating

Spring: *Monday, February 26th, 2018 @ 6:30 p.m. (HS Aud)*

Individual Team Meetings ~ 7:15 p.m. (various HS rooms)

Activity Fees Can Be Paid in Main Office: 6:15-8:15 p.m.

Women's Soccer

Men's Golf

Women's Track

Softball

Men's Tennis

Baseball

Men's Track